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SUNSCREEN

For Infants 6 months and older, you should start using sunscreen everyday. Apply to the entire body and face in the morning, and re-apply before going outdoors to the park, for walks, etc.

The safest sunscreens are BARRIER sunscreens- those that use **Zinc Oxide or Titanium Dioxide as the active ingredients**. Those ingredients are NOT absorbed, they SIT on the skin to provide a shield from the sun. Any SPF above 30 is the same. Remember to re-apply every 4 hours and after swimming.

CHEMICAL sunscreens contain chemicals that are absorbed into the skin. These are newer, and there are no long term safety studies. Some of these chemical sunscreens include: Octinoxate, Octocrylene, Oxybenzone

Check the ingredient lists on any sunscreen you use on baby. Each brand may have multiple formulations available.

Some sunscreens with only Barrier ingredients - alphabetic

Aveeno mineral Block
Badger Sunscreen
Blue Lizard Australian Suncream- Sensitive AND Baby formulas 30
Burt's Bees Sunscreen 30
California Baby Sunscreen 30
Jason Natural Earth's Best Organic Sunblock 30
MD Solar Sciences Mineral; Sunscreen lotion or Gel 30+
Mustela Sun Cream and Sun Lotion 50
Neutrogena Sensitive Skin Sunblock 30
Neutrogena Baby PURE and FREE Sunblock 60
Thinkbaby and thinksport Sunscreen SPF 30+
UVNaturals Sunscreens 30+